

Betnoland 0.1%% cream

Betamethasone Dipropionate 0.1% - Cream



Read this leaflet carefully before you start using this medicine. Keep this leaflet. You may need to read it again.

- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

What is in this leaflet

1. What Betamethasone dipropionate cream is and what it is used for
2. What you need to know before you use Betamethasone dipropionate cream
3. How to use Betamethasone dipropionate cream
4. Possible side effects
5. How to store Betamethasone dipropionate cream
6. Contents of the pack and other information

1. WHAT BETAMETHASONE DIPROPIONATE CREAM IS AND WHAT IT IS USED FOR

Betamethasone dipropionate cream contains the active ingredient Betamethasone dipropionate. Betamethasone dipropionate belongs to a group of medicines called topical corticosteroids which are used on the surface of the skin to reduce the redness and itchiness caused by certain skin problems.

In adults and children, Betamethasone dipropionate cream is used to treat skin problems, including eczema, and all types of dermatitis and psoriasis of the scalp, hands and feet.

Eczema is a common skin disease, which causes the skin to become red and itchy. Dermatitis is inflammation of the skin. Psoriasis is a skin disease in which itchy, scaly, pink patches develop on the elbows, knees, scalp and other parts of the body.

2. WHAT YOU NEED TO KNOW BEFORE YOU USE BETAMETHASONE DIPROPIONATE CREAM

Do not use Betamethasone dipropionate cream:

- If you are allergic to Betamethasone dipropionate or any of the other ingredients in this medicine (listed in section 6),
- on any other skin problem as it could make it worse

especially rosacea (a skin condition affecting the face), acne, dermatitis around the mouth, genital itching, nappy rash, cold sores, chickenpox, shingles or other skin infections. Ask your doctor or pharmacist if you are not sure.

Warnings and precautions

Talk to your doctor or pharmacist before using Betamethasone dipropionate cream. This medicine should not be used under bandages or plasters.

Use in Children

If the cream is used more often than it should, or more than prescribed, it can affect some of your child's hormones. This may affect their growth and development.

Pregnancy, breast-feeding and fertility

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine. Betamethasone dipropionate cream contains cetostearyl alcohol, which may cause local skin reactions (e.g. contact dermatitis).

3. HOW TO USE BETAMETHASONE DIPROPIONATE CREAM

Always use this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Recommended dose

Usually for adults and children, a thin layer of Betamethasone dipropionate cream should be rubbed into the affected area of skin twice a day. You should always follow these instructions when using Betamethasone dipropionate cream:

Do not use the cream on your face for more than 5 days.

Do not use a large amount of cream on large areas of the body, open wounds or areas of the body where joints bend for a long time (for example every day for many weeks or months).

Avoid getting the cream in your eyes.

Use in children

Use as stated above. Do not use Betamethasone dipropionate cream on any part of your child's body for more than 5 days. Do not put the cream under your child's nappy, as this makes it easier for the active ingredient of the medicine to pass through the skin and possibly cause some unwanted effects.

If you (or somebody else) accidentally swallows the cream, it should not cause any problems: however, if you are worried, you should see your doctor.

If you use the cream more often than you should, or on large areas of your body, it can affect some of your hormones. In children this may affect their growth and development. If you have not used the cream as you were told to do and have used it too often and/or for a long time, you should tell your doctor or pharmacist.

If you forget to use Betamethasone dipropionate cream.

If you forget to use your cream at the right time, use it as soon as you remember, then carry on as before.

If you stop using Betamethasone dipropionate cream:

If you have been using the cream for a long time and your skin problem seems to have got better, you should not suddenly stop using the cream. If you do, you may find that your skin becomes red and you may notice stinging or burning. To avoid this, you should speak to your doctor who will gradually reduce how often you need to use the cream until you stop treatment altogether.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. POSSIBLE SIDE EFFECTS

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Most people find that when the cream is used correctly, it does not cause any problems. However, if you use the cream more than you should, particularly on your face, it can cause redness, stinging, blistering, peeling, swelling, itching, burning, skin rash, dryness of the skin, inflammation of the hair follicles, excessive hair growth, reduced skin pigmentation, allergic reactions, dermatitis (skin inflammation), other skin infections, thinning of the skin and red marks. This can happen more easily in infants and children. If you are worried by these or any other side effects, you should tell your doctor or pharmacist.

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

5. HOW TO STORE BETAMETHASONE DIPROPIONATE CREAM

Do not use Betamethasone dipropionate cream after the expiry date, which is stated on the carton and the tube after EXP. The expiry date refers to the last day of that month.

Do not store above 30 °C

Keep out of the sight and reach of children.

6. CONTENTS OF THE PACK AND OTHER INFORMATION

Carton containing 1 tube of 30 g of Betamethasone dipropionate 0.1% cream, with leaflet.

Betamethasone dipropionate cream is a smooth, white cream.

Composition

100 g of cream contain: Betamethasone 0.1 g

Excipients: glycerol, cetostearyl alcohol, liquid paraffin, cetomacrogol emulsifying wax, propylene glycol, methyl-p-hydroxybenzoate, propyl-p-hydroxybenzoate, purified water.