

# Canyland 1%- Cream

Clotrimazole 1% Cream



**Read this leaflet carefully before you start using this medicine. Keep this leaflet. You may need to read it again.**

- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

## What is in this leaflet

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## 1. WHAT CLOTRIMAZOLE CREAM IS AND WHAT IT IS USED FOR

This medicine contains Clotrimazole, which belongs to a group of medicines called anti-fungal, which act to treat infections caused by fungi.

It is used to treat fungal skin infections such as ringworm, athlete's foot, fungal nappy rash and fungal sweat rash. It is also used to relieve irritation of the vulva (external trush) or the end of penis, which may be associated with thrush. If you are unsure whether you (or your baby if treating nappy rash) have one of these fungal skin infections, seek the advice of your doctor or pharmacist.

## 2. WHAT YOU NEED TO KNOW BEFORE YOU USE CLOTRIMAZOLE CREAM

### Do not use Clotrimazole cream:

- If you (or your baby if treating nappy rash) are allergic to clotrimazole or any of the other ingredients in this medicine, including cetostearyl alcohol (see n. 6) which may cause local skin irritation (e.g. rash, itching or redness)
- To treat nail or scalp infections

As other creams, Clotrimazole cream may reduce the effectiveness of rubber contraceptives, such as condoms or diaphragms. Consequently, if you are using this cream on the vulva or penis, you should use alternative precautions for at least five days after using this product.

### Pregnancy and breast-feeding

If you are pregnant, breastfeeding, or trying for a baby, tell your doctor or midwife before using Clotrimazole cream. If you have informed your doctor or midwife already, follow his/her instructions carefully.

## 3. HOW TO USE CLOTRIMAZOLE CREAM

- Check the tube seal is not broken before first use. If it is, do not use the cream. Pierce the tube seal with by inverting the cap over the end of the tube and press.
- If the feet are infected, they should be washed and dried thoroughly, especially between the toes, before applying the cream.
- Clotrimazole cream should be applied thinly and evenly to the affected areas two or three times daily and rubbed in gently.
- A strip of cream (1/2 cm long) is enough to treat an area of about the size of the end.
- The duration of the treatment depends upon the type of infection. Generally a minimum of two weeks is required, although up to four weeks may be necessary.
- If you have athlete's foot, it may help to use an antifungal dusting powder as well. Ask your doctor or pharmacist to recommend one.

The symptoms of skin infection, such as itching or soreness, should improve within a few days of treatment although signs as redness and scaling may take longer to disappear. If symptoms persist, consult your doctor.

Clotrimazole cream is for external use only. Do not put the cream in your mouth or swallow it. If the cream is swallowed accidentally, tell your doctor straight away or contact the Accidental and Emergency Department of your nearest hospital.

If you accidentally get cream in your eyes or mouth, wash immediately with water and contact your doctor.

If you forget to use Clotrimazole cream: apply the cream as soon as possible and then continue the rest your treatment as usual.

You can help the treatment to work if you follow these simple self-help tips:

- Although the infected area will itch, try not to scratch. Scratching will damage the surface of the skin and cause the infection to spread further.
- Keep the affected skin areas clean.
- Pay particular attention to drying the skin, but avoid excessive rubbing.

- Do not share towels, bath mats, etc. with other people as you could spread the infection to them.
- Always wash your hands after treating the infection to prevent it from spreading.

If you have athlete's foot remember to:

- dry the skin between the toes thoroughly.
- wash your socks, stockings and tights thoroughly in hot water to remove any shed skin or fungal spores.
- Change your footwear daily if possible.

#### 4. POSSIBLE SIDE EFFECTS

Like all medicines, Clotrimazole cream can cause side effects, although not everybody gets them.

As happens for several medicines, some people may be allergic to the cream. If you or your baby are allergic: a reaction will occur soon after you start using it. If you or your baby experience an allergic reaction, stop using Clotrimazole cream and tell your doctor straight away or contact the Accident and Emergency Department of your nearest hospital.

Signs of an allergic reaction may include:

- rash
- swallowing or breathing problems
- swelling of your lips, face, throat or tongue
- weakness, feeling dizzy or faint
- nausea

After you apply the cream you might experience:

- itching, rash, blisters, burning, discomfort, swelling, irritation, redness or peeling of skin.

If you or your baby experience any of the above effects or react badly to the cream in any other way not listed in this leaflet, tell your doctor or pharmacist immediately.

#### 5. HOW TO STORE CLOTRIMAZOLE CREAM

Do not use Clotrimazole cream after the expiry date, which is stated on the carton and the tube after EXP. The expiry date refers to the last day of that month.

Do not store above 25 °C, and mind that the top is screwed on well.

Keep out of the reach and sight of children.

#### 6. CONTENTS OF THE PACK AND OTHER INFORMATION

Carton containing 1 tube of 20g of cream, with leaflet. Clotrimazole 1% cream is a white, cream.

##### Composition

100 g of cream contain: clotrimazole 1,00g  
*Excipients:* octyldodecanol, cetostearyl alcohol, cetyl palmitate, sorbitan stearate, polysorbate 60, benzyl alcohol, purified water.