

# Canyland 1% vaginal cream

## Clotrimazole 1%- Vaginal Cream



Read this leaflet carefully before you start using this medicine. Keep this leaflet. You may need to read it again.

- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

### What is in this leaflet

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## 1. WHAT CLOTRIMAZOLE VAGINAL CREAM IS AND WHAT IT IS USED FOR

This medicine contains Clotrimazole, which belongs to a group of medicines called anti-fungal, which act to treat infections caused by fungi.

It can be used to treat the external symptoms of thrush (vulval candidiasis). It may also be used by the woman's sexual partner to treat associated penile thrush (candidal balanitis).

Thrush is a common infection caused by yeast (or fungus), which may live harmlessly in the vagina without you even noticing it. However, in certain circumstances, it may develop into an infection in the vagina and symptoms may spread to the surrounding area. These symptoms may include one or more of the following:

- Itching of the vagina and surrounding area (the vulva)
- Redness and swelling of the tissues of the vagina and vulva
- Soreness of the vagina and vulva
- A white, non-smelling discharge from the vagina

Thrush may be aggravated by sexual intercourse, but is not a sexually transmitted disease. Sometimes however, thrush can be passed to your partner through sexual intercourse.

If your partner has penile thrush he may have one or more of the following symptoms:

- Soreness and redness of the penis
- Tightness of the foreskin
- A white non-smelling penile discharge

## 2. WHAT YOU NEED TO KNOW BEFORE YOU USE CLOTRIMAZOLE VAGINAL CREAM

This medicine can be used by adults between the ages of 16 and 60 years. However, some people should not use this medicine or should seek the advice of their pharmacist or doctor first.

### Do not use:

- If you are allergic to any of the ingredients in the medicine or any other anti-fungal medicine
- If you are pregnant or breastfeeding, unless your doctor tells you to

Talk to your pharmacist or doctor:

- If this is the first time you have had these symptoms
- If you have had thrush more than twice in the last 6 months
- If you are under 16 years, or 61 years or older
- If you or your partner have ever been exposed to a sexually transmitted disease
- If you have lower stomach pain, or pain or a burning sensation on passing urine

If you are a man and:

- Your sexual partner does not have thrush
- You have an abnormal discharge or leakage from your penis
- You have sores, ulcers or blisters on your penis

If you are a woman and:

- You have abnormal or irregular vaginal bleeding, or a blood-stained discharge
- You have sores, ulcers or blisters on your vulva or vagina

Information about some of the ingredients in this medicine: Cetostearyl alcohol in the cream may cause local skin reactions (e.g. contact dermatitis), (see section 6).

The ingredients in the cream may affect the latex used in contraceptives such as condoms and diaphragms. This may reduce the effectiveness of the contraceptives. You should therefore use other methods of contraception for at least 5 days after using the cream.

You can help the treatment to work if you follow these simple self-help tips:

- Although the infected area will itch, do not scratch as this will damage the surface of the skin and cause the infection to spread further
- Keep the affected areas of skin clean
- Pay particular attention to drying the skin but avoid excessive rubbing
- To help prevent thrush from coming back once you have treated it, follow these simple steps:
- Wash daily

- Wear cotton underwear and loose fitting clothing
- Try to avoid wearing tights, nylon underwear and tight fitting clothing
- After going to the toilet, wipe yourself from the front to the back, as a thrush infection may be transferred from the bowel
- Try to avoid washing with perfumed soaps or using vaginal deodorants
- Do not rub hard with sponges or flannels and avoid hot baths with strong perfumed oils
- Change your sanitary protection regularly

### ***If you take other medicines***

Before you use this medicine, make sure that you tell your pharmacist about ANY other medicines you might be using at the same time. If you are unsure about interactions with any medicines, talk to your pharmacist. This includes medicines prescribed by your doctor and medicine you have bought for yourself, including herbal and homeopathic remedies.

## **3. HOW TO USE CLOTRIMAZOLE VAGINAL CREAM**

Check the tube seal is not broken before first use. If it is, do not use the cream.

*For adults aged from 16 to 60 years:*

apply to the affected area two or three times daily for 1 week.

If necessary, apply directly to the penis, without using the provided cannula.

*For women:*

pierce the tube seal with by inverting the cap over the end of the tube. Open the applicator (cannula) flow-pack and screw firmly the lower end of the cannula to the open top of the tube. Press the tube and fill completely the cannula. Remove the cannula, replace the cap and pressing the plunger, apply the cream into the vagina, then evenly apply a small quantity to the area around the vagina.

Do not use on children under 16 years, or if you are an adult of 61 years or older, unless your doctor tells you to.

Do not use more than the amount recommended above. If symptoms do not go away within 7 days talk to your doctor.

If you have thrush more than twice in six months you must see your doctor.

If anyone accidentally swallows some of the cream: talk to a doctor or go to your nearest hospital casualty department straight away. Take your medicine and this leaflet with you.

## **4. POSSIBLE SIDE EFFECTS**

Most people will not have problems, but some may get some.

If you get any of these serious side effects, stop using the cream.

See a doctor at once in case of:

- difficulty in breathing, feeling dizzy, fainting, red raised itchy skin rash (severe allergic reactions)

Other effects are less serious. If they happen you can talk to a pharmacist:

- Irritation, discomfort, pain or a burning or stinging sensation.

Other allergic skin reactions such as itchy rash, swelling, peeling or flaking of the skin, blisters.

If any side effect becomes severe, or you notice any side effect not listed here, please tell your pharmacist or doctor.

## **5. HOW TO STORE CLOTRIMAZOLE VAGINAL CREAM**

Do not use Clotrimazole vaginal cream after the expiry date, which is stated on the carton and the tube after EXP. The expiry date refers to the last day of that month. Do not store above 25 °C, and mind that the top is screwed on well.

Keep out of the reach and sight of children.

## **6. CONTENTS OF THE PACK AND OTHER INFORMATION**

Carton containing 1 tube of 50g of cream, with leaflet and 1 applicator, individually packed. Clotrimazole vaginal cream is a white cream.

### **Composition**

100 g of cream contain: clotrimazole 2,00 g

*Excipients:* octyldodecanol, cetostearyl alcohol, cetyl palmitate, sorbitan stearate, polysorbate 60, benzyl alcohol, purified water.