

Cortylan 1% cream

Hydrocortisone 1% - Cream



Read this leaflet carefully before you start using this medicine. Keep this leaflet. You may need to read it again.

- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

What is in this leaflet

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1. WHAT HYDROCORTISONE CREAM IS AND WHAT IT IS USED FOR

Hydrocortisone cream contains Hydrocortisone that belongs to a group of medicines called topical corticosteroids. These work by calming the inflammation that occurs during certain skin conditions or reactions.

Hydrocortisone cream may be used for treating various skin conditions including: eczema, dermatitis, intertrigo (irritation between skin folds), insect bite reactions, inflammation of the external ear, prurigo nodularis (a long term skin condition where very itchy lumps appear), neurodermatoses (itchy skin becomes thick due to scratching) and nappy rash.

2. BEFORE YOU USE HYDROCORTISONE CREAM

Do not use Hydrocortisone cream:

- if you are allergic (hypersensitive) to Hydrocortisone or to any of the other ingredients of this cream (see section 6 for other ingredients).
- are suffering from skin conditions caused by infections, which are not being treated with appropriate antibiotics, including impetigo, cold sores, chicken pox, herpes, ringworm, athlete's foot or thrush
- have the scabies mite
- have rosacea (flushing of the skin on the face) or dermatitis around the mouth area.

Check with your doctor or pharmacist if you are treating a child as long term use in children is not recommended.

Do not use a nappy or airtight dressing for more than five to seven days. Be careful if you are applying the cream to the face, particularly around the eyes. Stop using the cream if you have a skin infection getting worse despite using antibiotics prescribed and if you suffer with psoriasis.

If you get some cream in your eyes wash it out and contact your doctor immediately.

Pregnancy and breast-feeding

If you are pregnant or think you may be pregnant please tell your doctor or pharmacist before using this medication: this cream should be used only when clearly needed, discussing with your doctor the risks and benefits.

It is not known whether this drug passes into breast milk, so consult your doctor before breast-feeding.

3. HOW TO USE HYDROCORTISONE CREAM

Use Hydrocortisone cream on the skin only. Clean and thoroughly dry the area to be treated and gently apply a thin layer of cream to the affected area(s) twice or three times a day. If used in children and infants avoid using for more than five to seven days at a time.

If you accidentally swallow some cream, small amounts are not harmful.

Do not share this medication with others.

4. POSSIBLE SIDE EFFECTS

Like all medicines, Hydrocortisone cream can cause side effects, although not everybody gets them. Stop using Hydrocortisone cream and contact your doctor at once if the following allergic reactions happen: swelling of the face, lips, tongue or throat, or difficulty breathing or swallowing.

This is a very serious but rare side effect. You may need urgent medical attention or hospitalisation.

Tell your doctor if you notice any of the following side effects or notice any other effects not listed:

- a change in the colour of the skin, or increased growth of hair in areas where the cream is used, or contact dermatitis-localised rash or irritation to the skin.

Using more than the correct amount of cream may thin the skin so it damages easily and allow the active ingredient to pass through the skin and affect other parts of the body, especially in infants and children, if used under a nappy or airtight dressing or during pregnancy.

If you feel unwell or have any unusual discomfort you don't understand, contact your doctor as soon as possible.

5. HOW TO STORE HYDROCORTISONE CREAM

Do not use Hydrocortisone cream after the expiry date, which is stated on the carton and the tube after EXP.

Do not store above 25 °C.

Keep out of the reach and sight of children.

6. CONTENTS OF THE PACK AND OTHER INFORMATION

Carton containing 1 tube of 15g of Hydrocortisone 1% cream with leaflet. Hydrocortisone cream is a white cream.

Composition:

100 g of cream contain: Hydrocortisone 1g.

Excipients: white soft paraffin, cetomacrogol emulsifying wax, liquid paraffin, macrogol 300, chlorocresol, purified water.