

Dermolife 0.05% cream

Clobetasol Propionate 0.05% - Cream



Read this leaflet carefully before you start using this medicine. Keep this leaflet. You may need to read it again.

- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

What is in this leaflet

1. What Clobetasol propionate cream is and what it is used for
2. Before you use Clobetasol propionate cream
3. How to use Clobetasol propionate cream
4. Possible side effects
5. How to store Clobetasol propionate cream
6. Contents of the pack and other information

1. WHAT CLOBETASOL PROPIONATE CREAM IS AND WHAT IT IS USED FOR

Clobetasol propionate cream contains a medicine called clobetasol propionate. It belongs to a group of medicines called steroids. It helps to reduce swelling and irritation. Clobetasol propionate cream is used to help reduce the redness and itchiness of certain skin problems. These skin problems include eczema, psoriasis and dermatitis that have not responded to milder steroid creams or ointments.

2. BEFORE YOU USE CLOBETASOL PROPIONATE CREAM

Do not use Clobetasol propionate cream:

- if you are allergic (hypersensitive) to clobetasol propionate or any of the other ingredients of Clobetasol propionate cream (listed in Section 6);
- on a child under 1 years old;
- to treat any of the following skin problems, it could make them worse:
 - acne
 - severe flushing of skin on and around your nose (rosacea)
 - spotty red rash around your mouth (perioral dermatitis)
 - itching around your back passage or private parts - unless your doctor has told you to do so
 - viral infections, such as cold sores, herpes or chicken pox
 - fungal infections, such as ringworm, athlete's foot or

thrush

- skin blisters or sores that are caused by an infection.

Do not use if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before using Clobetasol propionate cream.

Check with your doctor or pharmacist before using your medicine if: you are applying the ointment under an airtight dressing, including a child's nappy. These dressings make it easier for the active ingredient to pass through the skin. It is possible to accidentally end up using too much cream. If you have psoriasis, your doctor will want to see you more often.

If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before using this medicine.

Pregnancy and breast-feeding

Talk to your doctor or pharmacist before using this medicine if you are pregnant, might become pregnant or are breast-feeding.

3. HOW TO USE CLOBETASOL PROPIONATE CREAM

Always use Clobetasol propionate cream exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

You usually apply a thin layer of Clobetasol propionate cream 1 or 2 times a day. This may be reduced as your skin begins to get better, or stopped when it is better. This cream is for use on your skin only. Do not use on large areas of the body for a long time (such as every day for many weeks or months). If you need treatment for a long time, your doctor may decide you need to use a milder cream.

The germs that cause infections like warm and moist conditions under dressings so always clean the skin before a fresh dressing is put on.

If you are applying the cream on someone else make sure you wash your hands after use or wear disposable plastic gloves.

If your skin problem does not improve in 2 to 4 weeks, talk to your doctor.

Guidance on how to apply the cream

- a) Wash your hands.
- b) Gently rub the correct amount of cream into the skin until it has all disappeared. You can measure how much Clobetasol propionate cream to use with your fingertip.

- c) Unless you are meant to apply the cream to your hands as a part of the treatment, wash them again after using the cream.

Use in adult

You should find that:

two fingertips of cream will cover both hands or one foot

three fingertips of cream will cover one arm

six fingertips of cream will cover one leg

fourteen fingertips of cream will cover the front and back of the body.

Do not worry if you find you need a little more or a little less than this. It is only a rough guide.

Use in Children

Do not use it on children under 1 years of age.

The smaller the child the less you will need to use.

A child of 4 years needs about a third of the adult amount.

A course of treatment for a child should not normally last more than 5 days - unless your doctor has told you to use it for longer. The doctor may want to see the child every week, whilst using the cream.

If you have thick patches of psoriasis on your elbows or knees, your doctor may suggest applying the cream under an airtight dressing. It will only be at night to help the cream to start working. After a short period of time you will then apply the cream as normal.

You should only apply the cream to your face if your doctor tells you to. It should not be used for more than 5 days, as the skin on your face thins easily. Do not let the cream get into your eyes. If it does, wash it out with plenty of water.

If, by mistake on a few occasions you use more than you should, do not worry. If you apply a lot or if a lot is accidentally swallowed, it could make you ill. Talk to your doctor or go to hospital as soon as possible.

If you forget to apply your cream, apply it as soon as you remember. If it is close to the time you are next meant to apply it, wait until this time.

If you use Clobetasol propionate cream regularly make sure you talk to your doctor before you stop using it. If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. POSSIBLE SIDE EFFECTS

Like all medicines, Clobetasol propionate cream can cause side effects, although not everybody gets them.

Stop using Clobetasol propionate cream and tell your doctor as soon as possible if you find that your skin problem gets worse or becomes swollen during treatment. You may be allergic to the cream, have an infection or need other treatment.

Other side effects you may notice when using Clobetasol

propionate cream include a feeling of burning, irritation or itching where the cream is applied.

If you have psoriasis you may get raised bumps with pus under the skin. This can happen during or after the treatment and is known as pustular psoriasis.

If you use Clobetasol propionate cream for a long time, or you use a lot each time you apply it, or you apply it under an airtight dressing or a nappy:

- stretch marks may develop
- veins under the surface of your skin may become more noticeable
- increased hair growth and changes in skin colour.
- thinning of your skin that may also damage more easily
- weight gain, rounding of the face and high blood pressure. These are more likely to happen in infants and children.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5. HOW TO STORE CLOBETASOL PROPIONATE

Do not use Clobetasol propionate cream after the expiry date, which is stated on the carton and the tube after EXP. The expiry date refers to the last day of that month. Do not store above 30°C.

Keep out of the reach and sight of children.

6. CONTENTS OF THE PACK AND OTHER INFORMATION

Carton containing 1 tube of 30 g of Clobetasol propionate 0.05% cream, with leaflet.

Clobetasol propionate cream is a white cream.

Composition

100 g of cream contain: Clobetasol propionate 0,05

Excipients: glycerol, cetostearyl alcohol, liquid paraffin, cetomacrogol emulsifying wax, propylene glycol, methyl-p-hydroxybenzoate, propyl-p-hydroxybenzoate, purified water.