

Vitalife drops

Vitamin A+D3 drops 30 ml



- Read all of this leaflet carefully before you start using Vitalife drops.
- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This product has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

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1. WHAT VITALIFE DROPS IS AND WHAT IT IS USED FOR

Vitalife drops is an ideal food supplement to provide children as well as adolescents with some of the most important nutrients needed on a daily basis. Vitalife drops are used to prevent vitamin deficiencies in babies and children up to 12 years old.

This food supplement is a combination of vitamins A and D3. Vitamin D3 regulates the uptake and metabolism of calcium as well as the incorporation of calcium in bone tissue. Vitamin A plays an important role in vision and helps protect the body from infections. It also promotes the health and growth of cells and tissues in the body, particularly those in hair, nails, and skin. This formulation combines these two vitamins that have been micellized into small droplets that are easily absorbed into the bloodstream.

2. WHAT DO YOU NEED TO KNOW BEFORE YOU TAKE VITALIFE DROPS

Do not take Vitalife drops if:

- your child is allergic (hypersensitive) to any of the ingredients of Vitalife drops (listed in section 6).
- your child is having other vitamin supplements
- your baby is receiving more than 500 ml of formula milk per day. This is to avoid exceeding the safe upper limit of Vitamin A.
- you have increased levels of vitamin D in your blood (hypervitaminosis D)

Warnings and precautions

Talk to your doctor or pharmacist before taking Vitalife drops if:

- you suffer from sarcoidosis (a special type of connective tissue disease that affects the lungs, skin and joints).
- You are taking other drugs containing calcium or vitamin D.
- You have poor kidney function or high tendency of renal stone formation
- You are immobilized with osteoporosis

Other medicines and Vitalife drops

Tell your doctor or pharmacist if you are taking, have recently taken or might take any medicines, even non-prescription medicines. Your dosage may need to be adjusted.

The effect of the treatment can be affected if this product is taken simultaneously with certain other drugs against:

- Heart problems (cardiac glycosides such as digoxin)
- High blood pressure (thiazide diuretics)
- Supplements containing aluminium
- Calcipotriene (drug similar to Vitamin D)
- Antibiotics (tetracyclines)
- Hepatotoxic drugs (such as amiodarone, methyl dopa, carbamazepine, methotrexate, statins, erythromycin, isoniazid, acetaminophen, itraconazole, fluconazole, phenytoin, etc...)
- Warfarin

Vitalife drops contains sorbitol, sucralose and sucrose

If you have been told by your doctor that you have intolerance to some sugars, contact your doctor before taking this product.

3. HOW TO TAKE VITALIFE DROPS

Always take Vitalife drops exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Dosage

For children under the age of 1 year: 5 drops (0.25ml)
For children aged 1-12 years: 10 drops (0.5ml)

Do not exceed the recommended daily dosage.
Shake well before use.
Free from alcohol, artificial colors and gluten

Knowing how difficult it is to administer food supplements to children, Vitalife drops comes in with a drop dispenser and a fruity taste that everyone can enjoy.
The drops can be given directly or mixed with food or a drink.

The dosage is meant to match the highest European standards and recommendations. Therefore, the recommended daily intake indicated may not be exceeded. Dietary supplements should not replace a varied diet. A healthy lifestyle and a varied balanced diet is important for maintaining good health.

If you take more Vitalife drops than you should

If you may have taken more Vitalife drops than you should, talk to your doctor or pharmacist immediately. If you take an excessive amount of this product, there's a risk at a vitamin A

overdose (hypervitaminosis A), although it's unlikely to cause any serious harm. Some symptoms of overdose are dizziness, nausea, headache, skin irritation and pain in joints and bones. If your child experiences one of these symptoms after taking too much Vitalife drops, talk to your doctor immediately or go to the nearest hospital.

If you forget to take Vitalife drops

If you miss a dose of Vitalife drops, take it as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule. Do not take 2 doses at once.

4. POSSIBLE SIDE EFFECTS

Like all supplements, Vitalife drops can cause side effects, although not everybody gets them. If you or your child feels ill after using Vitalife drops, or you notice any unusual or unexpected symptoms, talk to your doctor, pharmacist or nurse or go to the nearest hospital.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet.

5. HOW TO STORE VITALIFE DROPS

Keep Vitalife drops out of the reach of children.

Do not use Vitalife drops after the expiry date which is stated on the label. The expiry date refers to the last day of the month. Store below 25°C. Keep the bottle upright in its original carton and store away from light.

Once the bottle is opened, use the contents within 4 weeks.

Do not throw away any product via wastewater or household waste. Ask your pharmacist how to throw away food supplements you no longer use. These measures will help to protect the environment.

6. CONTENTS OF THE PACK AND OTHER INFORMATION

What Vitalife drops contains

ACTIVE INGREDIENTS:

Vitalife drops 30 ml		
Vitamin A & D3 drops	Per 0.5 ml	Per 30 ml
Vitamin A	227.5 mcg	13.65 mg
Vitamin D	5 mcg	300 mcg

Retinyl palmitate (Vitamin A), Cholecalciferol (Vitamin D3)

Other ingredients:

Water, sweetener: Sorbitol, Sucrose, sucralose, Orange oil & aroma, acidifier: malic acid, flavouring, preservatives: Sodium benzoate, potassium sorbate, emulsifier: Polysorbate 80, thickener: Xanthan gum, colouring agent: Beta-carotene.